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| “**Kiwi and Strawberry Smoothie**It is a very healthy beverage. Enjoy! |
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| http://smoothiesrecipe.com/wp-content/uploads/2010/03/Kiwi-Strawberry-Smoothie.jpg |

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 | **INGREDIENTS**      3 peeled kiwi1 cup frozen banana slices3/4 cup pineapple juice1/2 cup frozen strawberries |
| **DIRECTIONS*** Put all ingredients into blender.
* Blend until smoothie consistency is reached!

 **Seved in a chiled glass** |