

SoSpa Fitness Club



NEW Coming to this venue from 12th November

Fitness classes for all levels

Plus the hugely successful

So Lean And Clean On Line Fat Loss Plan

Now coming into your community.

Timetable soon to be announced.

Contact Gail, Kevin or Lee to be added to our mailing list for more info



Gail 07818492578 Lee 07812 558669 Kevin 07531 395583

E mail gail@sospa.co.uk lee@sospa.co.uk

Web www.gailabbey.com

Twitter @SoLeanandClean @SospaFitnessFun