



4TH MAY 2013

SOSPA

PASTA PARTY

This will be an ideal opportunity to meet other runners and “carbo-load” on a choice of pastas accompanied by salads. Vegetarian options will be available. This includes entrance to the Private Party on the 1st floor at Après with local DJ plus Pasta and late bar

£5.00 per ticket Family tickets available call or mail For more information contact Kevin on 07531 395583 or mail kp@sospa.co.uk

Waitrose

LICHFIELD HALF
MARATHON

LOCAL DJ

CHOICE OF PASTA
DISHES

MEET OTHER
RUNNERS CARBO
LOAD

£5.00 PER TICKET
BOOK ON LINE AT
WWW.GAILABBEY.COM
OR FROM THE BAR
7PM TILL LATE

